

OP FRESCO

RESCUE EQUIPMENT SUPPORT TEAMS (RESTs)

To support the Breathing Apparatus Rescue Teams in conducting the more complex rescue work, a number of Rescue Equipment Support Teams will be deployed at strategic locations trained to deploy with more specialised equipment.



- 59 RESTs available across the country.
- They comprise professional Royal Air Force and Royal Navy fire-fighters, supported by other military personnel who have undergone an intensive five-week training course approved by the Health & Safety Executive.
- REST teams will be sent directly to emergencies likely to need them, and can be summoned by incident commanders who need their support.
- 590 Service personnel are dedicated to the REST teams.
- Each shift-team consists of a commander and four fire-fighters.
- Work 12-hour shifts, with two shift-teams per REST to ensure 24 hour cover.
- Each team deploys in a light truck, with blue lights and emergency markings.
- As with all Op *Fresco* vehicles, the police will provide an escort to any vehicle responding to an emergency.
- They carry the same equipment as used by BARTs:
 - breathing apparatus, with spare air cylinders
 - protective clothing
 - a range of hand fire extinguishers
 - comprehensive first aid kits
 - other rescue tools
- In addition, carry more specialised equipment:
 - thermal imaging camera
 - more advanced hydraulic rescue gear
 - protective suits for chemical incidents
 - decontamination equipment

